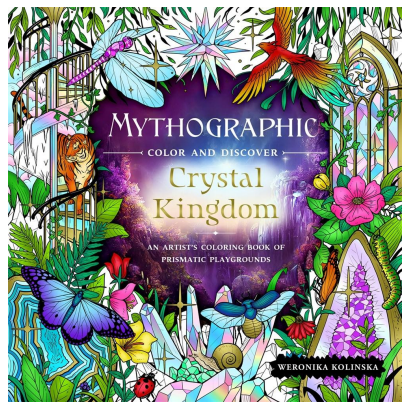


**CASTLE
POINT
BOOKS**



Mythographic Color and Discover: Crystal Kingdom

An Artist's Coloring Book of Prismatic Playgrounds

Weronika Kolinska

A glittering journey into exquisite coloring

Summary

Gemstones, crystals, and glass palaces abound in *Mythographic Color and Discover: Crystal Kingdom*. Taking a leaf from Fabiana Attanasio's *Frozen Fantasies*, this edition of surreal coloring features prismatic universes of glistening structures, sparkling natural wonders, settings smooth as ice, and crystalline creatures. Fans of this artist will clamor for her latest elegant edition to the *Mythographic* series.

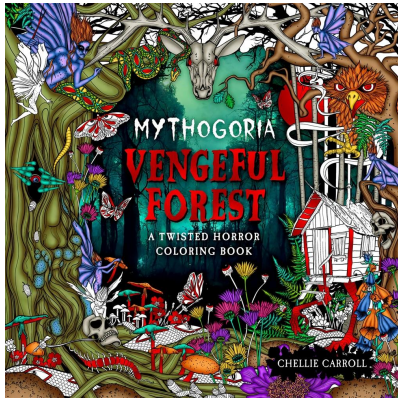
Contributor Bio

Fabiana Attanasio is an Italian illustrator based near Rome, Italy. She has a degree in illustration from the International School of Comics and illustrates children's books and coloring books that have been published all over the world. She loves the feeling of using brushes and pencils, but she also works with digital media.

Castle Point Books
9781250324269
Pub Date: 1/16/2024
\$20.00/\$27.00 Can.
Trade Paperback

96 Pages
Games & Activities / Coloring
Books
GAM019000

9.8 in H | 9.8 in W | 1 in T | 1 lb
Wt



Castle Point Books
9781250288059
Pub Date: 1/2/2024
\$19.00/\$25.00 Can.
Trade Paperback

96 Pages
Games & Activities / Coloring
Books
GAM019000

9.8 in H | 9.8 in W | 1 in T | 1 lb
Wt

Mythogoria: Vengeful Forest

A Twisted Horror Coloring Book

Chellie Carroll

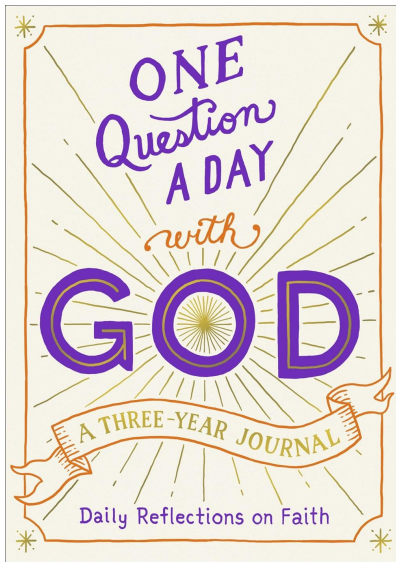
Terrifyingly beautiful art to color

Summary

The *Mythogoria* series offers colorists a walk on the dark side, and the exuberant *Mythographic* fanbase has joined the ranks. Complete with surreal, scary, and entrancing original illustrations of incredible detail, this series combines a passion for creative art with a predilection toward the gruesome. Find vicious vines waiting to entangle, patient predators, and demons of the darkness in more than 40 captivating illustrations. *Mythogoria: Vengeful Forest* is a collection of imagined horrors for all those who dare trespass under the creepy canopies.

Contributor Bio

CHELLIE CARROLL loves drawing and enjoys experimenting with mixed media. She lives with her partner and two children in the Peak District of England where she is surrounded by the beautiful, inspirational countryside and a plentiful supply of tea and biscuits.



One Question a Day with God: A Three-Year Journal

Daily Reflections on Faith

Hannah Gooding, Aimee Chase

Feel less stress and more joyful purpose in minutes a day!

Summary

The latest entry into the best-selling *One Question a Day* series is ideal for anyone seeking hope, light, and answers in modern life through a daily practice of faith. With insightful questions designed to strengthen a connection with God, this three-year journal will help you surrender anxiety and uncertainty at His feet, trust His plan for your life, and feel more confident in your daily faith walk.

Sample prompts:

What change are you calling me to make in my life?

Who is the neighbor who most needs my love today?

Trust in the Lord with all your heart

and lean not on your own understanding.

—Proverbs 3:5 (NIV)

In what area of my life do I need to stop leaning on my own understanding?

Contributor Bio

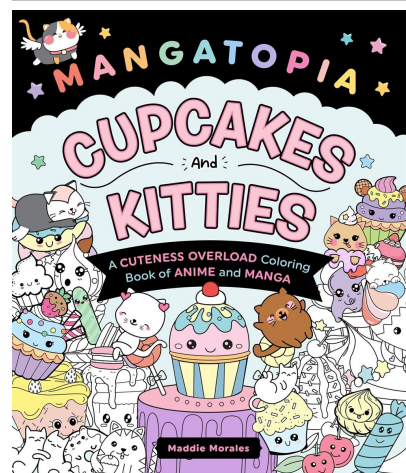
HANNAH GOODING is a writer, youth group leader, and essential oil devotee. She counts among her blessings quiet evenings on her Texas porch with her husband and daughter and early mornings with feisty chickens.

AIMEE CHASE is a writer and editor with a perfectly imperfect life. She lives in the Boston area with her husband and two spontaneous little boys who remind her to live in the moment.

Castle Point Books
9781250323927
Pub Date: 1/2/2024
\$18.00/\$24.00 Can.
Flexibound

368 Pages
Games & Activities / Guided
Journals
GAM021000

7 in H | 5 in W | 1 in T | 1 lb Wt



Mangatopia: Cupcakes and Kitties

A Cuteness Overload Coloring Book of Anime and Manga

Maddie Morales

A cheerful manga coloring book of happy cats and delectable confections

Summary

Enter a world of manga coloring wonder with *Mangatopia*! The first in the series, this cheerful installment is full of sweet kitties and scrumptious treats drawn in the manga style of Japanese art. Full of lovable characters with adorably exaggerated features, *Mangatopia: Cupcakes and Kitties* is the perfect gift to inspire calm, creativity, and squees of delight from anime fans and coloring enthusiasts alike.

Contributor Bio

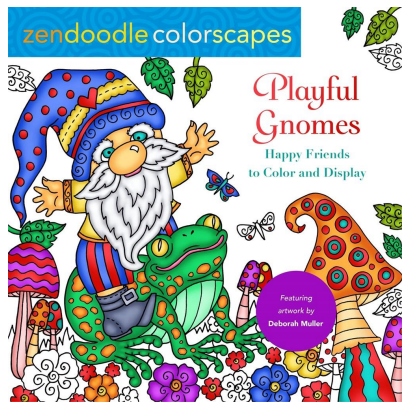
Maddie Morales is a lifelong lover of all things cute and cuddly. When she's not creating cheery collections of coloring art, you can usually find her re-reading *Kiki's Delivery Service* or watching *Chi's Sweet Home* with her cat, Luna.

Castle Point Books
9781250324115
Pub Date: 1/9/2024
\$16.00/\$22.00 Can.
Trade Paperback

96 Pages
Games & Activities / Coloring
Books
GAM019000

10 in H | 8.5 in W | 1 in T | 1 lb
Wt

zendoodle colorscapes



Zendoodle Colorscales: Playful Gnomes

Happy Friends to Color and Display

Deborah Muller

Lovable gnome art from the best-selling Zendoodle Colorscales series

Summary

Let's face it, these days, finding sources of unadulterated joy is in short order. Luckily, we have an even shorter solution for that! In *Zendoodle Colorscales: Playful Gnomes*, readers will find happiness overload on every page as this crew of friendly goblins become life-size with color. With a little bit of magic and a whole lot of fun, these playful dwarves will brighten anybody's day and bring hours of happiness as colorists add their own touch of color to their newfound friends. Who couldn't use an extra bit of playfully colorful fun anyway?

Contributor Bio

DEBORAH MULLER is an illustrator, designer, and gypsy at heart. She was born in Laguna Beach, California, but currently lives in a quaint beachside town in Florida. Her unique and whimsical style comes from doodling, which she finds therapeutic. Even her dog is a doodle—a Labradoodle named Marley (her assistant).

Castle Point Books
9781250324368
Pub Date: 1/2/2024
\$16.00/\$22.00 Can.
Trade Paperback

96 Pages
Games & Activities / Coloring
Books
GAM019000

1 in H | 1 in W | 1 in T | 1 lb Wt



The Skinny Sweet Air Fryer Cookbook

75 Guilt-Free Recipes for Doughnuts, Cakes, Pies, and Other Delicious Desserts

Ella Sanders

Don't pass on dessert! Just use your air fryer to go big on flavor but lower in fat

Summary

Everyone who owns an air fryer has likely now mastered sensational chicken fingers, sweet potato fries, and parmesan Brussels sprouts. But desserts can be a bit trickier to convert to air-frying methods. That's why Ella Sanders is sharing her expert secrets to making the best skinny desserts—from classic chocolate chip cookies, cinnamon rolls, and apple dumplings to exquisite chocolate lava cake and rich-tasting cheesecake. Don't forget the doughnuts and cannoli! With 75 quick and easy recipes, life will be sweet.

Contributor Bio

ELLA SANDERS is a comfort food enthusiast who loves spending time at the table with friends and family, and specializes in making traditional meals with unexpected flavor and flair. She lives with her husband and two boys in Portland, Maine.

Castle Point Books

9781250282163

Pub Date: 2/20/2024

\$22.00/\$29.00 Can.

Hardcover Paper over boards

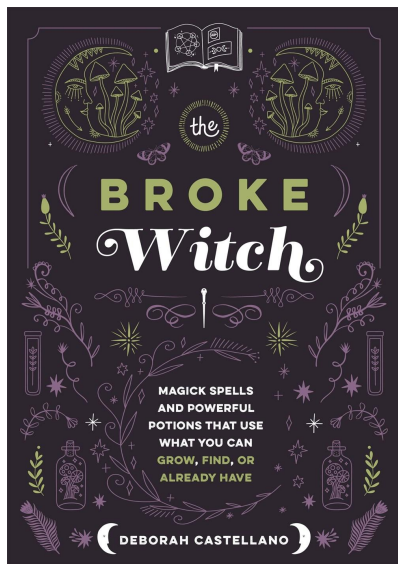
144 Pages

Cooking / Courses & Dishes

CKB024000

9.1 in H | 7.4 in W | 1 in T | 1 lb

Wt



The Broke Witch

Magick Spells and Powerful Potions that Use What You Can Grow, Find, or Already Have

Deborah Castellano

The real witch's guide to getting back to basics on a budget

Summary

Witchcraft, crystals, mysticism, and everything in between are all the rage. But at what cost? From expensive crystals, upmarket herbs, and designer essential oils, what was once a spiritual connection to the Earth and sisterhood is now a not-so-subtle signal of the spendy witch. *The Broke Witch* is the guide to spellcraft and connection the way it was intended. Readers will learn how to grow and make their own herb blends and essential oils; use tools they have around the house rather than go broke on brand-name gimmicks, summon those bargain skills or use crystals that serve multiple purposes. Every reader will be able to embrace the authentic witch—*The Broke Witch*—and make magic happen.

Contributor Bio

DEBORAH CASTELLANO is a longtime practitioner of practical magic who enjoys making spellcraft accessible. She's the author of *Glamour Magic: The Witchcraft Revolution to Get What You Want* and *Magic for Troubled Times: Rituals, Recipes and Real Talk for Witches*. When she's not writing, you can find Deb crafting or watching reality TV in New Jersey with her husband and their two cats.

Quotes

"OG glamour-magic goddess Deborah Castellano is simply beyond compare. Not only is she a most fabulous auntie witch who dispenses difficult advice with equal parts compassion and candor, but she's also a devoted partner in crime who will watch your back, straighten your crown, and tell you truthfully if your lipstick is smeared."
—Tara-Love Maguire, coauthor of *Besom, Stang & Sword*

"There's no witch I'd rather go through a crisis with than Deb Castellano." —Mallorie Vaudoise, author of *Honoring Your Ancestors*

Castle Point Books

9781250287861

Pub Date: 1/23/2024

\$20.00/\$27.00 Can.

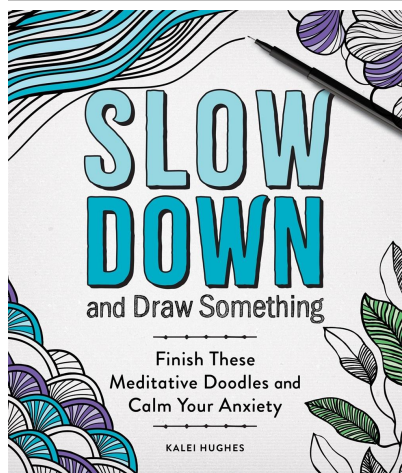
Hardcover Paper over boards

208 Pages

Body, Mind & Spirit / Witchcraft

OCC026000

8.5 in H | 6 in W | 1 in T | 1 lb Wt



Slow Down and Draw Something

Continue the Meditative Doodles to Calm Your Mind

Kalei Hughes

The take-it-slow trend is here to stay!

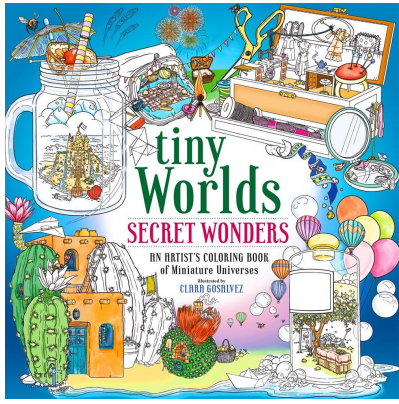
Summary

As long as life is busy and cell phone alerts are chirping, book buyers will be looking for solace. *Slow Down and Draw Something* offers colorists, casual artists, and anyone equipped with a pen or pencil a much-needed break from the stress and anxiety of their daily lives. With easy instructions for drawing uniquely soothing patterns like waves, mandalas, and more, plus mindful guidance to help them stay present in the moment, readers will enjoy a much-needed dose of art therapy. Just fifteen minutes a day with *Slow Down and Draw Something* can change someone's entire mood, restore their sense of peace, and replenish their spirit.

Castle Point Books
9781250324122
Pub Date: 1/16/2024
\$17.00/\$23.00 Can.
Trade Paperback

96 Pages
Art / Techniques
ART010000

10 in H | 8.5 in W | 1 in T | 1 lb
Wt



Tiny Worlds: Secret Wonders

An Artist's Coloring Book of Miniature Universes

Clara Gosalvez

A magical tour of the secret universes inside small vessels.

Summary

Discover the unseen treasures and unexpected utopias of *Tiny Worlds: Secret Wonders: An Artist's Coloring Book of Miniature Universes*. This hotly anticipated series captures is rife with detail in pocket-sized spaces. From buzzing societies in long-lost bottles to glittering fairies casting spells inside geodes, these imaginative illustrations are full of charm, detail, and illusion for even the most seasoned colorists.

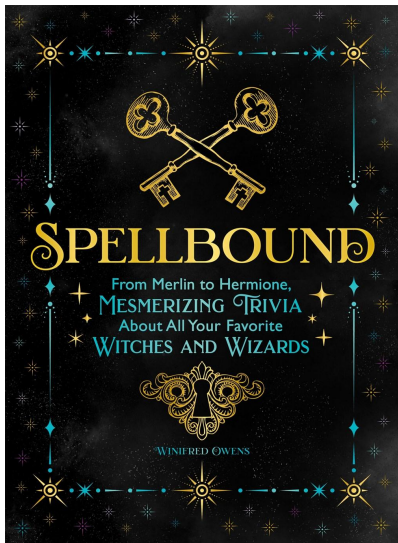
Contributor Bio

Chellie Carroll loves drawing and enjoys experimenting with mixed media. She lives with her partner and two children in the Peak District of England where she is surrounded by the beautiful, inspirational countryside and a plentiful supply of tea and biscuits.

Castle Point Books
9781250324146
Pub Date: 2/6/2024
\$20.00/\$27.00 Can.
Trade Paperback

96 Pages
Games & Activities / Coloring
Books
GAM019000

8.9 in H | 8.9 in W | 1 in T | 1 lb
Wt



Spellbound

From Merlin to Hermione, Mesmerizing Trivia About All Your Favorite Witches and Wizards

Ida Noe

Enchanting trivia for Muggles who are entranced by magical worlds.

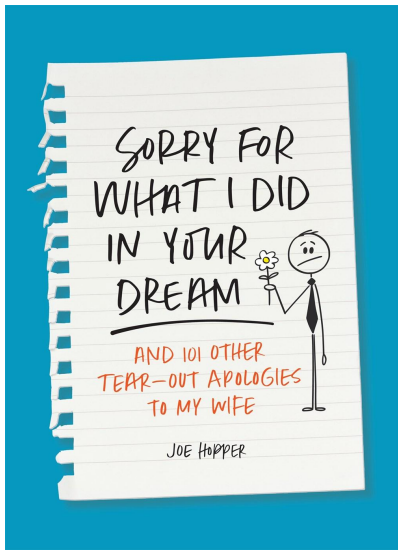
Summary

Whether they grew up preparing to pull a sword from a stone, admiring witches who twitched their noses and fought off demons, or waiting for their letter to Hogwarts, magic lovers have been absorbed by stories of witchcraft and wizardry for nearly a century. And there's no sign of them stopping. With hundreds of fascinating facts and behind-the-scenes moments from literature, comics, TV, and movies, *Spellbound* will further immerse readers in their favorite tales and help them discover new stories to love.

Castle Point Books
9781250323941
Pub Date: 2/13/2024
\$19.00/\$25.00 Can.
Trade Paperback

256 Pages
Games & Activities / Trivia
GAM012000

7.5 in H | 5.5 in W | 1 in T | 1 lb
Wt



Sorry For What I Did in Your Dream

And 101 Other Tear-Out Apologies to My Wife

Joe Hopper

Tear-out apologies for the many mundane and surprising ways in which men get themselves in trouble!

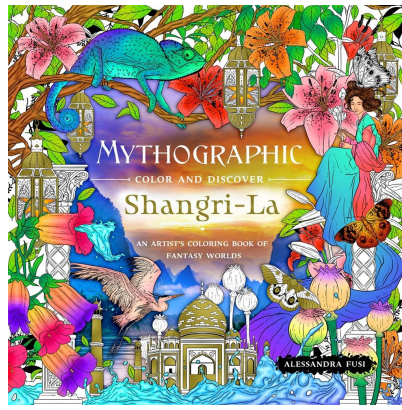
Summary

Any well-meaning husband who has mistakenly incurred the wrath of a spouse will appreciate this funny and freeing collection of apologies. Whether you had the audacity to use the nice towels, load the dishwasher wrong, breathe too loudly at breakfast, or failed to signal before turning, you're clearly in the wrong. With 101 pre-written notes to tear out and deliver wordlessly, head bowed, to your better half, it couldn't be easier to say sorry and admit to your crimes. Make amends in the most entertaining way with *Sorry for What I Did in Your Dream*. This book makes the perfect gift for any married or soon-to-be married man.

Castle Point Books
9781250324009
Pub Date: 2/6/2024
\$17.00/\$23.00 Can.
Trade Paperback

208 Pages
Humor / Topic
HUM011000

1 in H | 1 in W | 1 in T | 1 lb Wt



Mythographic Color and Discover: Shangri-La

An Artist's Coloring Book of Fantasy Worlds

Alessandra Fusi

An expedition in coloring for advanced artists.

Summary

From the artist who brought *Mythographic Color and Discover: Wanderlust*, brings a gorgeous adventure to artistic utopias. *Mythographic Color and Discover: Shangri-La* is a mesmerizing journey into extraordinary detail, imagined paradises, and surreal metamorphosis. This next advanced coloring book will delight fans who eagerly await each edition of this beloved series.

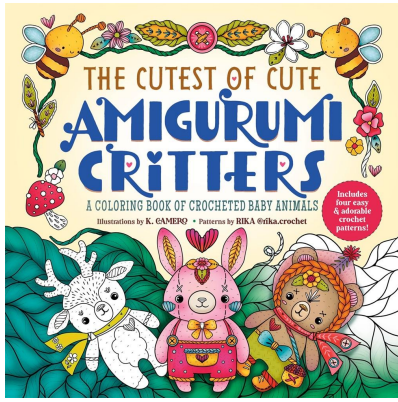
Contributor Bio

ALESSANDRA FUSI is an illustrator and painter. Her work has been exhibited in art shows across Europe and the United States; as well as in books, games, and on stationery. Alessandra loves music and fairy tales, and coffee and dancing. She lives in Bologna, Italy, with her partner, Edoardo, and their two cats, Rino and Cooper.

Castle Point Books
9781250324160
Pub Date: 3/5/2024
\$20.00/\$27.00 Can.
Trade Paperback

96 Pages
Games & Activities / Coloring
Books
GAM019000

1 in H | 1 in W | 1 in T | 1 lb Wt



The Cutest of Cute Amigurumi Critters

A Coloring Book of Crocheted Baby Animals

Rika, K. Camero

Bring sweet baby animals to life with adorable art to color!

Summary

Discover a new level of cuteness! Amigurumi is the Japanese art of knitting and crocheting tiny, adorable creatures. *The Cutest of Cute Amigurumi Critters Ever: A Coloring Book* brings these wildly popular creations to a new medium for fans to love. With the added texture of crochet, each sweet illustration offers even more details to color and create while keeping things simple and relaxing. Crafters and colorers alike will be thoroughly charmed! Plus, find four crochet patterns inside to supplement these adorable coloring pages.

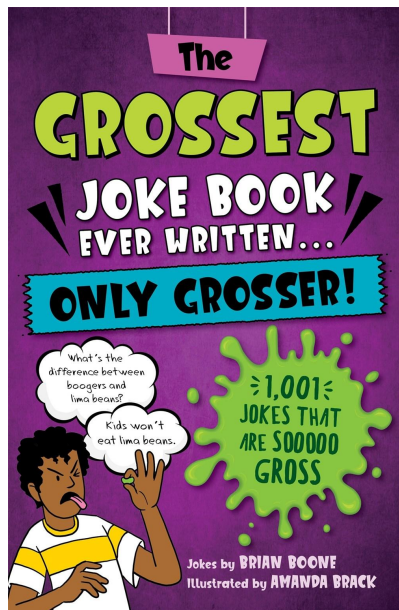
Contributor Bio

Kai Camero is a self-taught illustrator and graphic designer from Los Angeles who grew up feeding Tamagotchis and catching Pokémon. She graduated from Otis College of Art and Design and moved to Japan for a year where she taught art and English. Today she lives with her partner in Oakland, California. When she's not drawing or designing, she's playing Animal Crossing or snuggling with her Italian greyhound, Deerling.

Castle Point Books
9781250324108
Pub Date: 3/12/2024
\$16.00/\$22.00 Can.
Trade Paperback

96 Pages
Games & Activities / Coloring
Books
GAM019000

10 in H | 8.5 in W | 1 in T | 1 lb
Wt



Castle Point Books
9781250324085
Pub Date: 3/26/2024
\$15.00/\$20.00 Can.
Trade Paperback

224 Pages
Juvenile Nonfiction / Humor
JNF028020

8.3 in H | 5.4 in W | 1 in T | 1 lb
Wt

The Grossest Joke Book Ever Written... Only Grosser!

1,001 Jokes that Are Sooooo Gross

Brian Boone, Amanda Brack

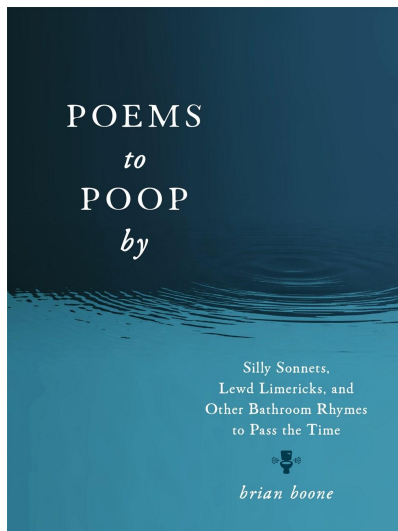
Gross-out gags for jokesters!

Summary

From the great minds of *The Jokiest Joking Joke Book Ever Written... No Joke!* comes a way-gross joke book that will have readers laughing so hard they'll puke (figuratively). With over a thousand yucky funnies and fart jokes galore, this book will be sure to ruin any polite setting, such as tea time, quiet time, time out—and is guaranteed* to improve quality time between clever comedians and their unsuspecting audiences (*results may vary). This fun misadventure into rude-ish humor and goofy gags will delight readers almost everywhere!

Contributor Bio

BRIAN BOONE is the author of *The Jokiest Joking Knock-Knock Joke Book Ever Written...No Joke!* and many other books about everything from inventions to paper airplanes to magic to TV. He's written jokes for lots of funny websites and he lives in Oregon with his family.



Poems to Poop by

Silly Sonnets, Lewd Limericks, and Other Bathroom Rhymes to Pass the Time

Brian Boone

The latest poetry book that's flush with stinkers

Summary

Poems to Poop By is a gas! This book of silly poems and ridiculous rhymes is the bathroom reader that jokesters never knew they needed. Complete with hundreds of rhymes that will cause a fuss before the flush, this funny compendium of all things poopy will delight dad-joke-lovers and bathroom humor enthusiasts alike.

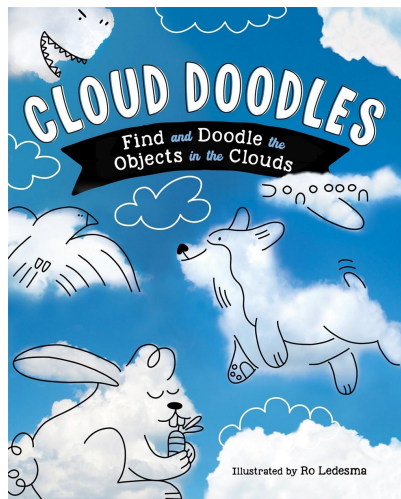
Contributor Bio

BRIAN BOONE is the editor and writer of a bestselling trivia almanac series, several nonfiction guides, and the novel, *Great Men of Science*. He has contributed to *How Stuff Works*, *Barnes & Noble Reads*, *McSweeney's*, *Splitsider*, *Someecards*, *The Onion*, *Adult Swim*, and *Funny or Die*. Brian lives in the Pacific Northwest with his family.

Castle Point Books
9781250324023
Pub Date: 3/5/2024
\$15.00/\$20.00 Can.
Trade Paperback

128 Pages
Humor / Form
HUM005000

7 in H | 5 in W | 1 in T | 1 lb Wt



Cloud Doodles

Find and Doodle the Objects in the Clouds

Ro Ledesma

A relaxing day is just a cloud away

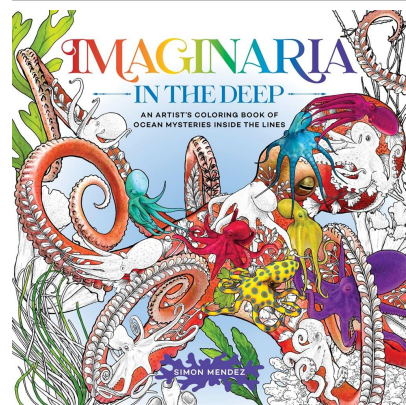
Summary

Daydreamers and cloud gazers young and old will appreciate this happy little book for the way it adds creativity to the day. *Cloud Doodles* features a bright blue sky and a big fluffy cloud on every page. All the reader has to do is sketch what they see in it. Maybe it's a flying hippo—no, wait, it's a bicycle! Is that South America? A sailboat? It's definitely a bunny. There are no wrong answers, only creative ones. Curious doodlers can flip to the back of the book to compare their vision with that of the book's artist. With scattered quotes throughout to let your spirit fly, *Cloud Doodles* is the perfect way to float above the chaos, activate the imagination, and add a sense of wonder back into life.

Castle Point Books
9781250324139
Pub Date: 3/12/2024
\$15.00/\$20.00 Can.
Trade Paperback

96 Pages
Games & Activities / Optical
Illusions
GAM018000

1 in H | 1 in W | 1 in T | 1 lb Wt



Imaginaria: In the Deep

An Artist's Coloring Book of Ocean Mysteries Inside the Lines

Simon Mendez

A spectacular coloring book where the real and the unexpected converge

Summary

Artist SIMON MENDEZ brings whole universes to small spaces in *Imaginaria: In the Deep*. This special perspective of ocean creatures, shipwrecks, worlds of coral, and the mysteries of the deep redesigns what it means to color inside the lines. With more than 40 elaborate illustrations found of worlds-within-worlds, *Imaginaria: In the Deep* is the next mesmerizing adventure in advanced coloring.

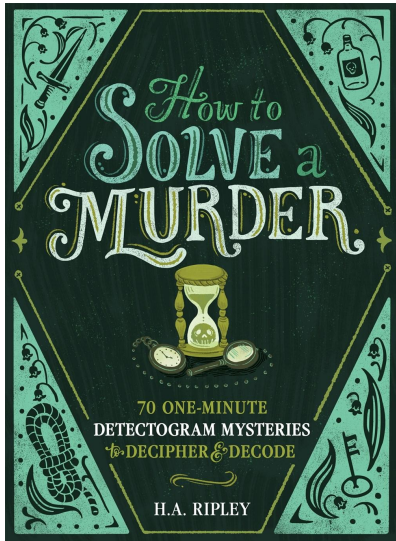
Contributor Bio

SIMON MENDEZ is an artist and illustrator known for his entrancing realism. His art evokes emotion through comprehensive detail, composition, and lighting to accentuate his subjects and illuminate the natural world. Simon has worked with commercial clients from around the globe and has illustrated numerous books. He lives in the English countryside with his family.

Castle Point Books
9781250324153
Pub Date: 4/2/2024
\$20.00/\$27.00 Can.
Trade Paperback

96 Pages
Games & Activities / Coloring
Books
GAM019000

8.9 in H | 8.9 in W | 1 in T | 1 lb
Wt



How to Solve a Murder

70 One-Minute Detectogram Mysteries

Harold Austin Ripley

Quick and clever mysteries for any amateur sleuth

Summary

How to Solve a Murder presents 70 mini mysteries! A modernization of H.A. Ripley's *Detectograms* from 1932, this stately looking book of puzzles gives readers the opportunity to embody the spirit of a Private I, the shrewdness of Sherlock, and the energy of Enola in puzzles they can solve in under a minute. From sinister stories of stranglers and false alibis to speakeasy stick-ups, this book of mysteries has all the glamor of eras gone by and the stimulation of modern puzzles ready to decode. Readers will find satisfaction in being able to train their brain to solve crime on their own time.

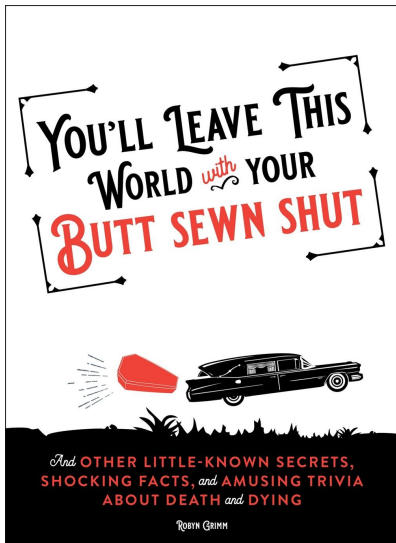
Contributor Bio

HAROLD AUSTIN IPLEY (1896-1974) was a newspaper columnist for the *Chicago Tribune*. His daily column called "Minute Mysteries" was syndicated in hundreds of newspapers. It featured quick-to-solve "detectogram" mysteries that were taught in English classrooms across the country.

Castle Point Books
9781250323804
Pub Date: 4/9/2024
\$15.00/\$20.00 Can.
Trade Paperback

176 Pages
Games & Activities / Logic & Brain
Teasers
GAM005000

7.5 in H | 5.5 in W | 1 in T | 1 lb
Wt



You'll Leave This World With Your Butt Sewn Shut **And Other Little-Known Secrets, Shocking Facts, and Amusing Trivia about Death and Dying**

Robyn Grimm

A trivia book full of captivating facts you've been dying to know!

Summary

Death—it's a living! From the fascinating to the funny and even the oddly comforting, this book offers hundreds of facts to satisfy readers' morbid curiosity about what happens after they die. This peek behind the curtain of the death-care industry answers all the questions you don't know how to ask (*and more a few you never thought to*). *We all end up on the mortician's table eventually. With You'll Leave This World with Your Butt Sewn Shut*, at least you'll know what to pack!

Sample trivia:

Medical implants (e.g. hip replacements) get upcycled into car parts and stop signs

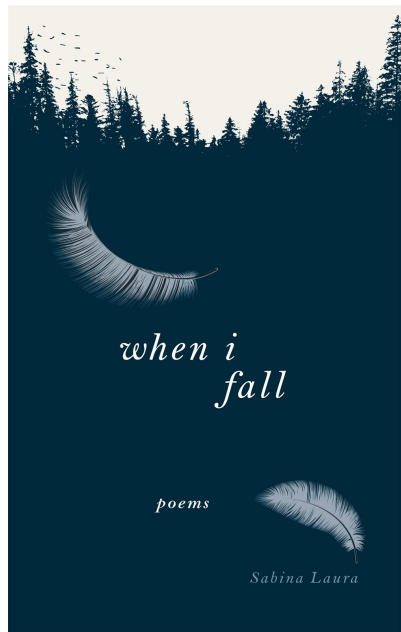
We all die with our mouths open; they have to be wired shut

Morticians will bury your loved one in funny socks if you ask them to

Castle Point Books
9781250323989
Pub Date: 4/2/2024
\$19.00/\$25.00 Can.
Trade Paperback

256 Pages
Games & Activities / Trivia
GAM012000

7.5 in H | 5.5 in W | 1 in T | 1 lb
Wt



When I Fall

Poems

Sabina Laura

Dark poetry for women with an edge

Summary

Love poems with a twist. *When I Fall* is a book of words and poems that embraces romance and darkness befitting a gothic novel. With edgy thoughts on love, lust, power, and heartbreak strewn into short, bittersweet poems, readers are given permission to feel emotions raw and dark.

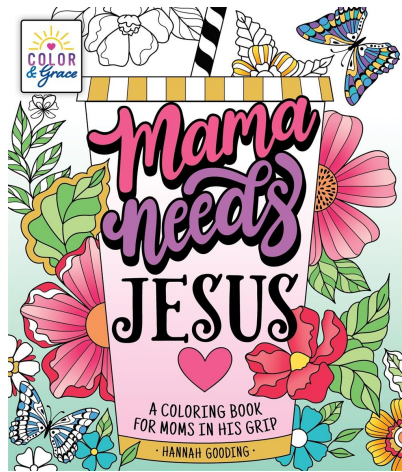
Contributor Bio

SABINA LAURA is a writer, poet, and illustrator from the UK. She fell in love with writing and language at a young age and went on to study English Language and Linguistics at university. She is the author of three poetry collections: *Moonflower*, *All This Wild Hope*, and *Shades of Sorrow*. She has also written *A little sunshine and a little rain*, a poetry journal, and *Silver Linings*, a collection of affirmations and reminders.

Castle Point Books
9781250288011
Pub Date: 4/23/2024
\$17.00/\$23.00 Can.
Trade Paperback

192 Pages
Poetry / Subjects & Themes
POE023020

8 in H | 5 in W | 1 in T | 1 lb Wt



Color & Grace: Mama Needs Jesus

A Coloring Book for Moms in His Grip

Hannah Gooding

A Christian coloring book that lets frazzled moms feel seen and loved

Summary

Sometimes all moms can do is lift up their hands in prayer to Jesus! Sense His hand on your shoulder (the warm and encouraging feeling, not the little sticky fingers!) and know that you'll get through the day with a little persistence and a lot of caffeine and Jesus. This coloring book offers sassy sayings, fun Scripture references, and pretty illustrations that are reminders that we're all in this parenting test together with our Heavenly Father as our daily help.

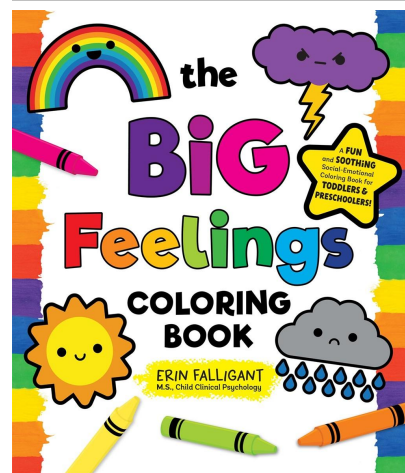
Contributor Bio

HANNAH GOODING is a writer, youth group leader, and essential oil devotee. She counts among her blessings quiet evenings on her Texas porch with her husband and daughter and early mornings with feisty chickens.

Castle Point Books
9781250324320
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\$16.00/\$22.00 Can.
Trade Paperback

80 Pages
Games & Activities / Coloring
Books
GAM019000

10 in H | 8.5 in W | 1 in T | 1 lb
Wt



Castle Point Books
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96 Pages
Juvenile Nonfiction / Activity
Books
JNF001010

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Wt

The Big Feelings Coloring Book

A Fun and Soothing Social-Emotional Coloring Book for Toddlers and Preschoolers!

Erin Falligant

The fun and colorful way to express emotions!

Summary

Sometimes feelings are red and angry and sometimes they're yellow and full of sunshine! Whatever a child's feelings may be, learning to name them is the first step in emotional regulation. This toddler-friendly coloring book makes it fun for kids to start to identify their feelings and find calm—all while letting their creativity soar. With large engaging shapes, objects, and animals perfect for big crayons and little hands, kids are set up for fun and success. There's even a special color key (color the frown face red for "angry," color the sun yellow for "happy," color the tree green for "energetic") and "Color Your Feelings" pages throughout so kids can choose from a rainbow of shades to match their mood. Art therapy has never been cuter or simpler.

Designed to give toddlers' strong emotions a safe and creative outlet, *The Big Feelings Coloring Book* is mega fun for little ones with mega feelings! Encourage them to honor their feelings in the most artful way with this uniquely engaging social-emotional activity book that's perfectly suited for classroom and homeschool use and to keep kids busy and happy at home and on the go.

Sample Images: Big and kid-friendly while also conveying emotion:

- Puppy running toward reader joyfully
- Big juicy apple
- Sleepy child
- Child who dropped an ice cream cone
- Kid holding a prize
- Sunrise
- Big sailboat
- Giggling bunny
- Famed COLOR YOUR FEELINGS pages mixed in throughout

Contributor Bio

ERIN FALLIGANT has written more than 40 books for kids, including picture books, advice books, and educational workbooks. Erin has a master's degree in child psychology and writes from her home in Madison, Wisconsin.